

**Strategic Action Planning Group on Aging Meeting
May 10, 2021**

Agenda

- 12:00: Welcome & Roll Call
- Approve Agenda and April Minutes
 - April 23 LCOA Update; Interim Meeting – TBD (target Sept. 2021)
 - 1st Regional Meeting June 22 – Save the Date!
- 12:10 pm: Announcements & Public Comment
- 12:15 pm: Update on SAPGA Recommendations on Federal Stimulus Spending Priorities to Support Older Adults
- 12:30 pm: Jarett Hughes, Governor’s Senior Advisor on Aging, Update on Lifelong Colorado Plan
- 1:00 pm: Community Highlights – Jefferson County Age Friendly Efforts
- Karin Stewart, Aging & Adult Services Program Manager, Jefferson County; SAPGA Member
 - Rachel Cohen, Principal, Aging Dynamics
- 1:30 pm: Community Highlights – Colorado Springs Age Friendly Efforts
- Mayling Rodriguez, Program Manager, Innovations in Aging Collaborative
- 2:00 pm: Break
- 2:10 pm: Building an Age Friendly Public Health System
- Speaker, Trust for America’s Health
- 2:40 pm: Group Discussion: Specific Funding Needs for Community Age Friendly Efforts & Implementation
- 2:55 pm: Public Comment, Chair offers closing comments
- 3:00 pm: Adjourn Meeting

Next SAPGA Meeting – June 14th – Virtual Meeting via Zoom
SAPGA Regional Meeting – June 22nd - Durango & Cortez – Virtual Meeting via Zoom

Meeting Minutes 5.10.21

Planning Group Participants: Ed Leary, Chair, Christian Itin, Vice-Chair, Andrea Kuwik, Kelly Osthoff, Kara Harvey, Jayla Sanchez-Warren, Tony Tapia, Claire Cruse, Hayley Gleason, Sarah Elliott, Steve Child, Jean Nofles, Karin Stewart, John Zabawa, Gabriel Kaplan, Aisha Young, John Emerson

Public Participants: Jarett Hughes, Pat Cook, Jodi Waterhouse, Audrey Krebs, Phil Cernanec, Sharon Courtney, Leigh Hull, Rachel Cohen, Michael Hare, Erica Reinhard, Diana McFail, Rich Mauro, Lindsay Parsons, Leslie Kalechman, Lorye McLeod, Nancy Schwalm, Coral Conway, Aging Services Colorado representative, Hope Carwile, Joan Brucha, Kari Degerness, Laura Kinder, Andrea Suhaka, Megan Wolfe, Deborah Lively, Mayling Rodriguez, Eric Chess, Mark Levine, Bob Epstein, Amber Minogue, Andrea Wilkins, Karen Brown

Meeting Notes

Welcome, Roll Call, and Approval of Minutes and Agenda

- Meeting was called to order at 12:03 pm by Ed Leary
- Ed welcomed planning group members; Andrea Wilkins verified that there was a quorum.
- April minutes approved (motion to approve made by John Zabawa, seconded by Steve Child).
- May agenda approved (motion to approve made by Sarah Elliott, seconded by Steve Child).

LCOA Recap:

- The event included updates from Rep. Young and Sen. Ginal, and we had about 75 attendees.
- Rep. Donald Valdez, Rep. Serena Gonzales-Guitierrez, and Senator Bob Rankin also had representatives on the call.
- Presentations by Ed Leary, Chair, and Steve Child, SAPGA member on promoting Age-friendly communities.
- Presentations from AARP, City of Boulder Adult Services, and the Colorado Association of Area Agencies on Aging on local policy implementation efforts.
- Next LCOA will be during interim.

Regional Meetings - Update:

- The first regional meeting this year will be held on June 22, 2021 from 10:00 - 12:00 highlighting the Southwest Colorado area of the state including Durango and Cortez.

Public Comment:

- SAPGA workgroups will be providing updates each month on their progress.
- AARP [Andrus awards nominations](#) are open, applications are due July 15, 2021. Please reach out to Jean Nofles for more details.
- SAPGA priorities on Federal Stimulus dollars, emphasizing Lifelong Colorado, Senior Advisor on Aging, Transportation infrastructure, Workforce supports, Behavioral health, Housing Issues.

Direct Care Workforce Collaborative:

- Seeing a necessity for collaboration to advance systems, HCPF has convened core leaders to the [Direct Care Workforce Collaborative](#) to collaborate, support, recruit, and retain Colorado's direct care workforce.
- Invite SAPGA members to meetings.
- Action groups are led by stakeholders and work to identify policy strategies and plans for moving them forward. Includes participation by a number of state agencies, including DOLA, CDPHE, CDLE, Higher Ed, Governor's and Lt. Governor's office, etc.
- Visit [their website](#) for information on meetings and subcommittees.

Jarett Hughes, Governor's Senior Advisor on Aging

- Presentation Slides
- Federal government released [guidance on stimulus](#) today. Executive summary [fact sheet](#).
- In-home vaccination for homebound Coloradans - update
 - can call 1.877.COVA-XCO for support and to set up appointments
- Needs assessment for Serve Colorado, please participate, closes Friday, May 21st.
- 2021 Priorities:
 - Lifelong Colorado - submitted to AARP national and approved by the Governor and Lt. Governor. Includes synthesis of SAPGA work since 2015 and emphasizes health equity across the lifespan. Build on tenants of social determinants of health and community health. Partners include American Planning Assoc. to look at lived spaces, parks, etc. Will include elements of built design and inclusion moving forward. Also has eight goals from 2016 action plan. Next step will be to incorporate metrics and host webinars on local community planning.
 - Senior Advisor Aging position has the go-ahead to work with Budget office to piece together funding to continue. Work towards legislation that will build an office for Lifelong Colorado.

Community Highlight: Jefferson County Age Friendly Efforts, Karin Stewart, Aging & Adult Services Program Manager, [Jefferson County](#); SAPGA Member & Rachel Cohen, Principal, Aging Dynamics

- Presentation Slides; [Jefferson County Age-Friendly website](#); [Jefferson County info sign-up](#)
- How does work at state level translate down to local level? Jefferson County has a long history of looking at aging issues starting in 2008 with Living Well.
- Five communities did boomer bond initiative.
- Looking to align with Lifelong Colorado, joining in 2019.
- Building inclusion into work, developed a steering committee to govern work that includes planning members and community members and stakeholders.
- Use domains of livability as framework, emphasizing a needs-based approach AND strengths-based approach to create a solution focused action plan.
- Right now, the initiative is focused on community engagement to create a bi-directional communication for all implementation between community members and initiative coordinators
- Working on defining "Age-friendly", finding different meanings for different people.
- Began community information gathering project in January of 2020 which includes survey (200 responses), and interviews. Focus of interviews/surveys on respect and social inclusion,

communication, and information. Action plan will also include housing, transportation, other priorities identified in the surveys, etc.

Community Highlight: Colorado Springs Age Friendly Efforts - Mayling Rodriguez, Program Manager, Innovations in Aging Collaborative

- Presentation Slides
- Innovations in Aging Collaboration who work to elevate the voices of older folks serve as backbone organization for the initiative.
- Creating a strategic plan to make age-friendly initiative incorporating the eight domains of livability.
- Incorporate a collaborative process
- Pivoting with COVID to engaging community virtually.
- Working to promote technology equity with potential for a pilot that will facilitate intergenerational learning exchange.

Building an Age Friendly Public Health System: Megan Wolfe, Trust for America's Health (TFAH)

- Presentation Slides
- Trust for America's Health focuses on emergency preparedness, obesity, etc., healthy aging work started in 2017.
- Public health approach, emphasis on what we do as a society to prevent health issues
- Areas where public health can intervene to improve older adult health, nutrition, housing, tobacco, etc.
- 80% of older adults have at least 1 chronic condition
- Age-friendly public health systems can improve older adult health outcomes
 - promote equity
 - change social determinants of health
 - address social isolation
- TFHA started work in 2017 convening stakeholders asking the question "Can public health play a role in a healthy aging 'framework'?"
- Tested framework with 5 C's of an Age-Friendly public health system in Florida pilot
 - Connecting & convening
 - Coordinating
 - Collecting and disseminating data
 - Communicating
 - Complementing and supplementing
 - Entered into Phase II with expansion to Michigan, Mississippi, and Washington. (See <https://afphs.org/afphs-network/> for additional information.)
- Gabriel with CDPHE has integrated this age friendly approach beginning in 2017 into CDPHE's approach. All 10 pieces of framework are in place and they are using a SDoH lens. Jarett is looking to THFA to get CDPHE designated as an age friendly agency.