



Strategic Action Planning Group on Aging

Strategic Action Planning Group on Aging Meeting July 12, 2021

Agenda

- 12:00:** **Welcome & Roll Call**
- Approve Agenda and June Minutes
 - 2nd Regional Meeting: August 5th – 9:00 am - 11:00 am
Summit County – In-person and by Zoom - Save the Date!
- 12:10 pm: Member & Staff Announcements; Public Comment
- 12:15 pm: Committee Reports
- 12:30 pm: Updates & Opportunities for Collaboration — *Jarett Hughes, Governor's Senior Advisor on Aging,*
- 12:55 pm: [Kallimos Communities](#) — *Dr. Bill Thomas, Megan Marama, Nancy Fox*
- 1:20 pm: [Open Arm Assisted Living & Urbetechnure](#) — *Peter Hynes*
- 1:45 pm:** **Break**
- 1:55 pm: [Sunshine Homeshare](#) — *Alison Joucovsky*
- 2:05 pm: [Silvernest](#) — *Jennifer Hammer*
- 2:15 pm: Panelists Q & A
- 2:25 pm Breakout Groups to discuss long-term care innovations
- 2:45 pm: Report Out of Breakout Groups
- 2:55 pm: Public Comment, Chair offers closing comments
- 3:00 pm:** **Adjourn Meeting**

**Next SAPGA Meeting – August 9th – Virtual Meeting via Zoom
August 5th – 9:00 am -11:00 am – Summit County Regional Meeting**

Meeting Minutes

Planning Group Participants: Ed Leary, Chair, Christian Itin, Vice-Chair, Claire Cruse, Haley Gleason, Jane Barnes, Jayla Sanchez Warren, Jean Nofles, John Emerson, Kara Harvey, Karin Stewart, Kelly Osthoff, Sarah Elliott, Steve Child, Tony Tapia

Public Participants: Jarett Hughes, Andrea Suhaka, Laura Kinder, Nancy Schwalm, Coral Cosway, Rich Mauro, Bob Brocker, Peggy Stoltenberg, Bob Epstein, Jodi Waterhouse, Karen Ramey Torres, Dawn Booth, Gretchen Cerveney, Pat Cook, Alva Uhl, Barbara Pennell Jaynes, Carol O'Dwyer, Gail Meehan, Patrick Scheetz, Diana McFail, Deborah Lively, Leslie Kalechman, Sue Ronnenkamp, Barbara Boyer, CCA President, Erica Reinhard, Kari Degeneres, Eric Heydorn, Dr. Bill Thomas, Vicki Maestas, Maria Madrid, Megan Marama, Alison Joucovsky, Jennifer Hammer, Morgan Jenkins, Jeff Boyle, Doug Krug, Amber Minogue, Andrea Wilkins, Karen Brown

Meeting Notes

Welcome, Roll Call, and Approval of Minutes and Agenda

- Meeting was called to order at 12:02 pm by Ed Leary
- Ed welcomed planning group members; Andrea Wilkins verified that there was a quorum.
- June minutes approved (motion to approve made by Jean Nofles, seconded by Karin Stewart).
- July agenda approved (motion to approve made by Kara Harvey, seconded by Steve Child).

Member & Staff Announcements:

Gretchen Cerveney introduced herself to group.

SAPGA Subcommittee Updates:

COVID Committee -

- Three main categories they are reviewing include public health response, clinical impacts, and social isolation.
- What has the impact of COVID been and what has our response been? Has this resulted in any policy change?
- Assessing what are the lessons learned, working on developing recommendations.
- Recent meeting had a clinical expert there (Dr. John Hammer - Rose Hospital). He shared the experience of being in the ICU, getting PPE, and evolving clinical response since COVID hit.
- Seeking to get other healthcare systems to provide feedback on their post action assessments (potentially Colorado Hospital Association as they have done a report(s) summarizing recommendations to better respond to another COVID like virus).

Disparities Committee –

- Looking into what data exists around race and age – how can we access this information
- Crafted recommendations tied to racism as a public health crisis – based on research of what other states and organizations have done.
- Additional recommendation proposing funding of an individual (or several) whose work would focus on disparities and aging.

LTC/CG Committee -

- This month's meeting will be focused on technology and innovations in long term care and caregiving.
- Committee work thus far has concentrated on long-term care. We are pivoting in August to have a working meeting to brainstorm draft recommendations based on the information we have collected during our first 5 meetings. We will also spend time reviewing some of the workforce recommendations that are coming out of the Workforce committee, as they relate to long term care and caregiving, and on the recommendations made by the Department of Human Service's DCWC work group. We will begin focusing on caregiving later in the year.

Workforce Committee -

- Upcoming meeting will shift to direct care workforce
- Our work will compliment the work of the Direct Care Workforce Collaborative (through the HCPF)
- Workforce Committee will coordinate with the Long Term Care/Caregiving Committee to look at direct care workforce together.
- Previous meetings have focused on enhancing opportunities for older adults to secure employment or continue working.

Public Comment:

- A question was asked about the existence of any reports from the COVID Tracking project or from any state agencies that might be reporting on the effects of COVID on the long-term care in the state. Per Jarett Hughes, nothing has yet been developed.

Update From Jarett Hughes, Governor's Senior Advisor on Aging

See Presentation Slides [here](#).

- American Rescue Plan Stimulus
 - Interim committees set to convene in August and will include Behavioral Health, Workforce Development, Higher Education, and Affordable Housing
- SB 290 - Security for Colorado Seniors
 - Signed into law. Establishes AAA grant program that will likely be a reimbursement model with \$15 million appropriated for projects around the state. AAA network, CDHS and governor's office are working on rules and regulations.
- Policy Priorities for FY 21/22
 - Health equity work with CDPHE
 - Lifelong Colorado
 - Older American's Act
 - Transportation investment
 - Digital literacy

Dr. Bill Thomas, Megan Marama, Nancy Fox - [Kallimos Communities](#):

See Presentation Slides [here](#).

- Home equity and population earned benefits to combined in community — a home and community-based solution (HBCS).
- A MAGIC community that is a combination of Multi-Ability, Multi-Generational, Inclusive, Co-living space.

- Pocket communities with small homes and common house for sharing community needs (i.e. wellness studio).
- 50-60 homes per community.
- Loveland Pilot project - “Be independent together” — network of support with 120 homes on a 150 acres, HCBS innovative model, age friendly, decrease social isolation, intergenerational, replicable, Colorado partners, etc.
- Kallimos based on Greenhouse model of success, leadership who have 18 published books, focused on social capital and connection, replicability.
- Kallimos video: https://youtu.be/VzrwcRz_NnY

Peter Hynes — [Open Arm Assisted Living](#) & [Urbetechnure](#):

See Presentation Slides [here](#).

- RE-purposing of St. Andrew Lutheran Elementary school into affordable 30-bed assisted living facility serving Medicaid, VA and below market private payers.
- Developed by Urbetechnure which created a 501c3 and is the Developer/Architect.
- 17,000 sq ft of renovation and 7,000 sf of new construction.
- Community solution to repurpose school when school could no longer compete and operate.
- Completed process after conducting feasibility study, zoning, community advisory, market studies, asbestos abatement, capital campaign, etc.
- Construction in 2020.
- Designed with telehealth model for all residents. COVID has made that usage easier.
- On site community garden.
- Mission to provide high quality person-centered care that is compassionate, understanding and respectful. Provide a homelike environment that encourages independence. Projects costs approx. \$5.29 million.
- Process included zoning, market study, create telehealth infrastructure, operation plan, neighborhood meetings and advisory groups, change of use, securing funding, obtaining permits and property rights.
- Community driven project. Open for about 9 months.
- Assisted living is health care and housing. Most lenders don’t see it as housing which can create funding challenges. Support project funding through public infrastructure. One time spending provides decades of return for multiple users. Keeping people isolated in their homes does not stimulate economy. Alternative housing models can do this.

Alison Joucovsky — [Sunshine Homeshare](#):

- Formed to address two challenges, the issue of aging in place, and the issue of affordable housing. They are a non-profit.
- Home sharing matching service for older adults (55+) who need some support with home income and/or upkeep. Provides mutually beneficial relationship exchanging support services and companionship for affordable rent. Full social work assessment conducted.
- Home sharing process includes
 - screening
 - social work intake (Geriatric MSWs)
 - match meeting/introductions

- trial match agreement w/Plan B
- negotiated home share agreement
- home visits
- medication and care management
- supportive exit plan
- Over 1/3 of home owners are over age 90. Extensive evaluation of what is needed to keep older adults safely in their homes.
- Trial match takes place – short term home sharing to see if match is likely to work.
- Provides assistance accessing mediation if problems are encountered. Provides help with exit plan if match does not work.
- Striving for longer term commitments (at least 6 months) since process is in-depth and takes quite a bit of time.
- Nationwide average length for home share is 2 years, average rent saved is \$1,000 – \$1,400 per month, average time for matching is 8 weeks, average service exchange is 3-5 hours per week equating to a value of \$18,304 per year. (in-kind services provided in exchange for decreased rent)
- Program is grant funded. Partners include City of Denver, NextFifty, CO Health Foundation, United Way.

Jennifer Hammer — [Silvernest](#):

See Presentation Slides [here](#).

- A nationwide, technology platform for home sharing
- Secure, streamlined, scalable
 - background screening
 - messaging between matches
 - insurance
 - lease builder
 - rental payments
 - pair homeowners and renters at scale
- Collaborate with communities to decrease housing insecurity and prevent homelessness, increase social connection, reduce social isolation, address housing shortages, etc.
- Compatibility is key to successful home sharing.
- Background screening, uses technology to pair homeowners and renters. Post profile as a homeowner or renter. Silvernests conducts match and helps create lease. Takes 5% of rent for costs.
- Average homeowner is 65, average renter is 53. Most are female. 40% offer reduced rent for help around house. 25% are interested in intergenerational opportunities.
- Partners with gov to secure funding and issue RFP to recruit interested nonprofits, nonprofits to manage the homeshare program/create awareness of it.
- Silvernest is a bit more self-serve than Sunshine Homeshare, which is more hands on.

Presenters Panel – Q&A

- The Green House model was fueled by desire to move beyond institutionalized housing (nursing homes). Kallimos is different in that it is a home and community-based program that is designed to help people make the most of their communities.
- State is looking at ways they can innovate and invest in new models of care, helping people remain in their homes and communities, while receiving needed supports. Anticipates having

grant money to support such efforts. Discussions and decisions are still unfolding – more information to come.

- How will telemedicine come into play in rural communities? As 5G rolls out there will be more opportunities.
- Cost of moving to Kallimos? Target is middle market and affordable. Mix of these in communities. Loveland Housing Authority has been putting together innovative packages.
- One of biggest challenges in home share programs is finding home providers. More demand on renter side.
- Tax implications of home sharing and exchange of services? Sunshine and Silvernest don't do any reporting to IRS. It is up to home owners and renters to consult their financial advisor about specific tax obligations pertaining to their individual situation.