

# Expanding Transportation Options for Older Adults

*Research Update to the Strategic Action Planning Group on Aging*

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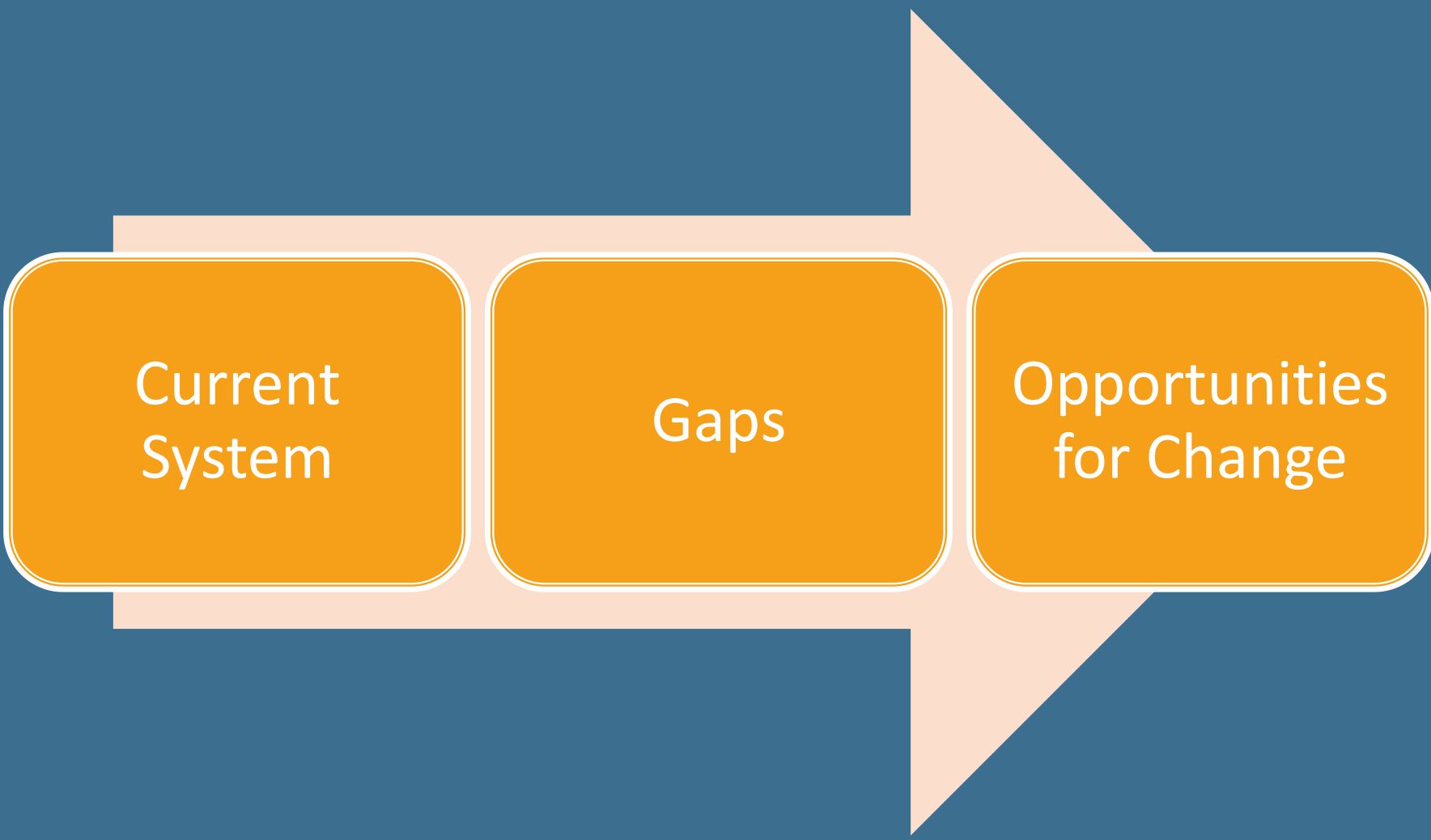
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How well do Colorado's current transportation options support **quality of life** and **mobility** for adults aged 50+?

What **changes** will be needed?

# Research Approach



Current  
System

Gaps

Opportunities  
for Change

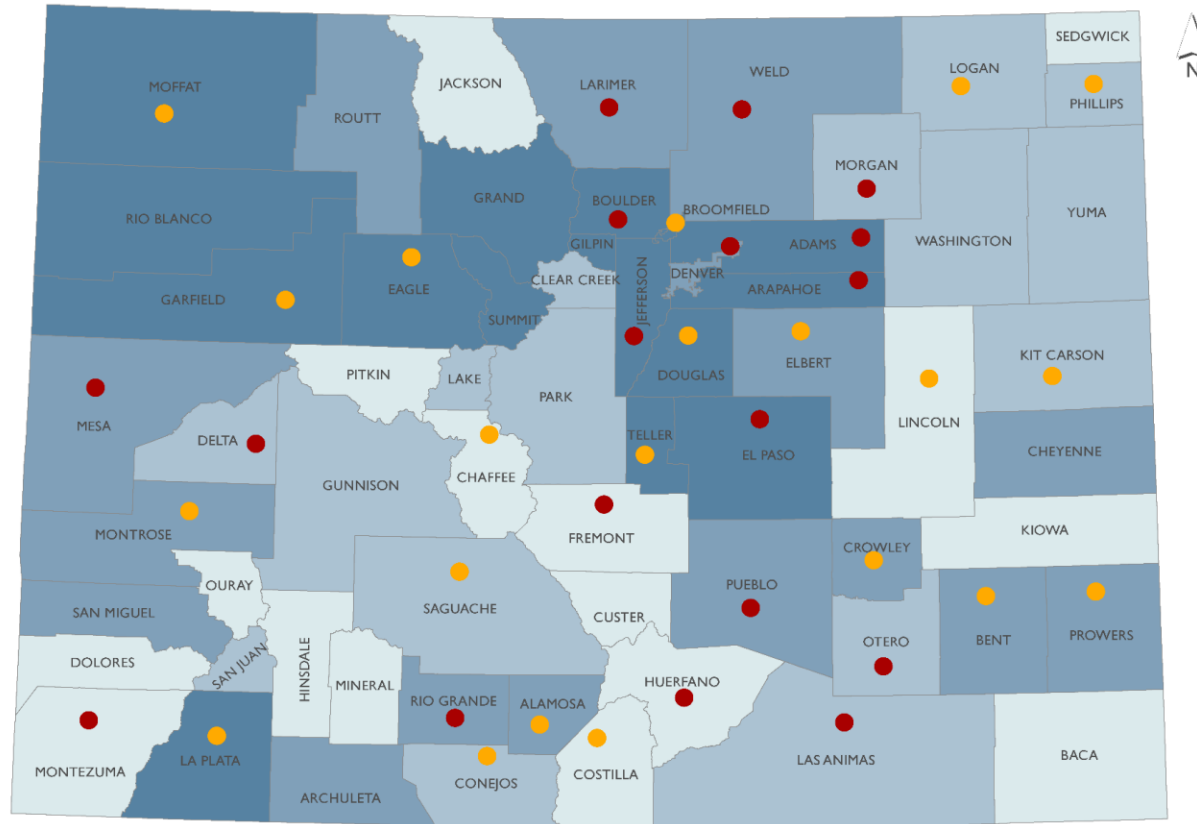


More than **one of four** Coloradans over 55 say it is at least **somewhat problematic** to find **safe and affordable transportation options**.

The rate increases to **42 percent** for adults **85 or older**.

# Colorado's Aging and Transit Hotspots

Transit Needs and Growth in 65 and Older Population, by County, 2016 to 2030



Percentage Increase in the Proportion of the Population that is 65 or Older, 2016 to 2030



Transit Need (Colorado's 2015 State Transit Plan)





1. Raise awareness of transportation options and programs.
2. Support existing efforts that promote older adult mobility.
3. Incorporate an aging perspective into all community planning efforts.

# Older Adult Drivers: Overview and Gaps



## Older Adult Drivers: Opportunities

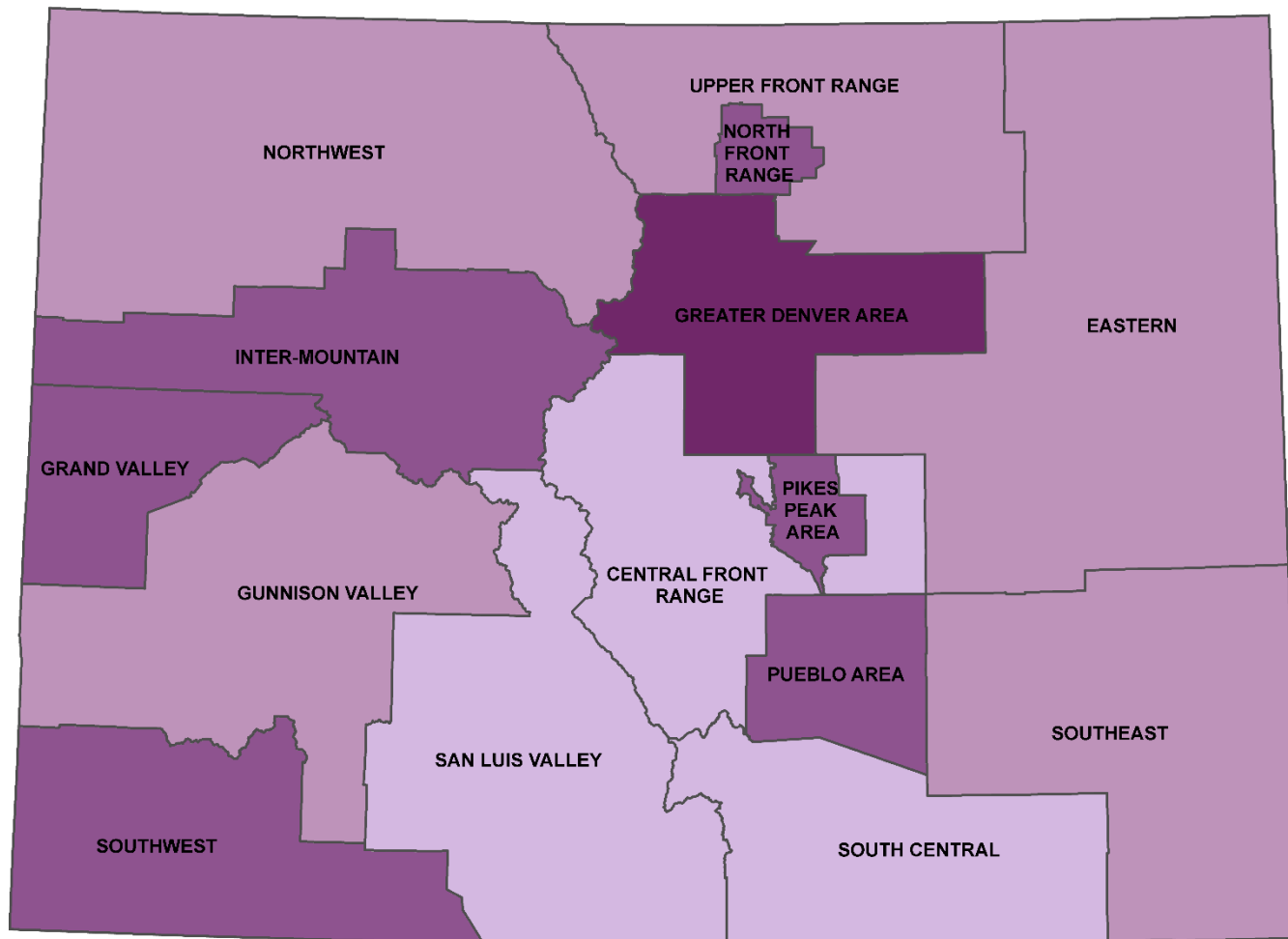
- Help older adults access tools and training to stay safe on the road.
- Educate older adults and families on how to plan for a “driving retirement.”
- Look at other states’ policies that strengthen driver license renewal requirements.



# Public and Specialized Transportation: Overview and Gaps



# Uneven Public Transportation Use



Percentage of Older Adults and Individuals With Disabilities Who Use Public Transportation with Fixed Routes and Schedules Each Month, 2014

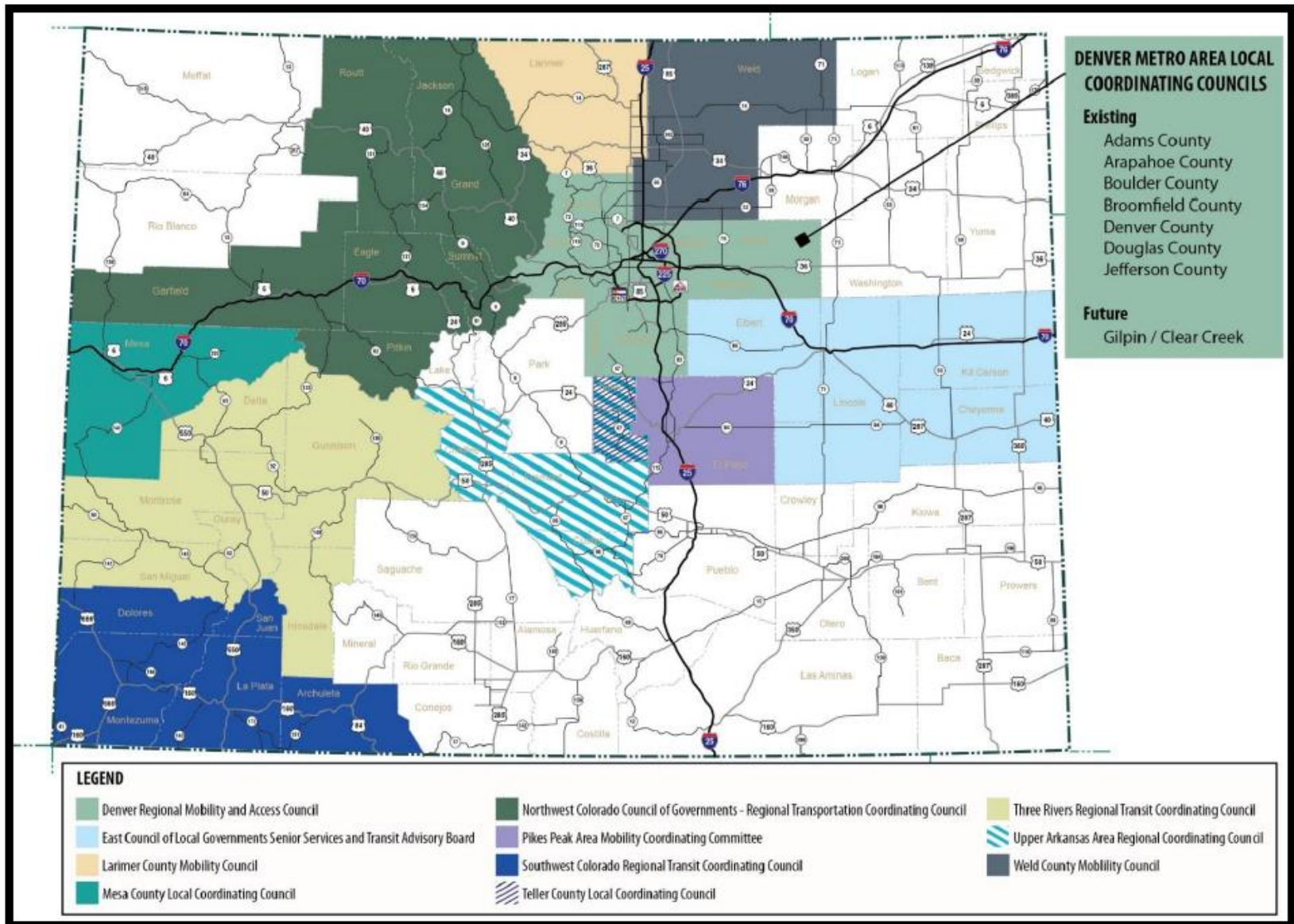


# Funding

Uses

Users

Figure 4-16 Colorado Regional and Local Coordinating Councils



# Public and Specialized Transportation: Opportunities

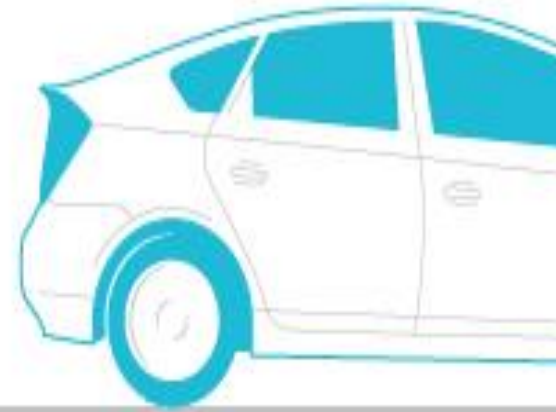
- Partner with regional and local coordinating councils.
- Endorse state coordination efforts.
- Help others learn from experts.

# Ride Sharing: Overview and Gaps



uber**ASSIST**

Expanding Transportation Options



## Ride Sharing: Opportunities

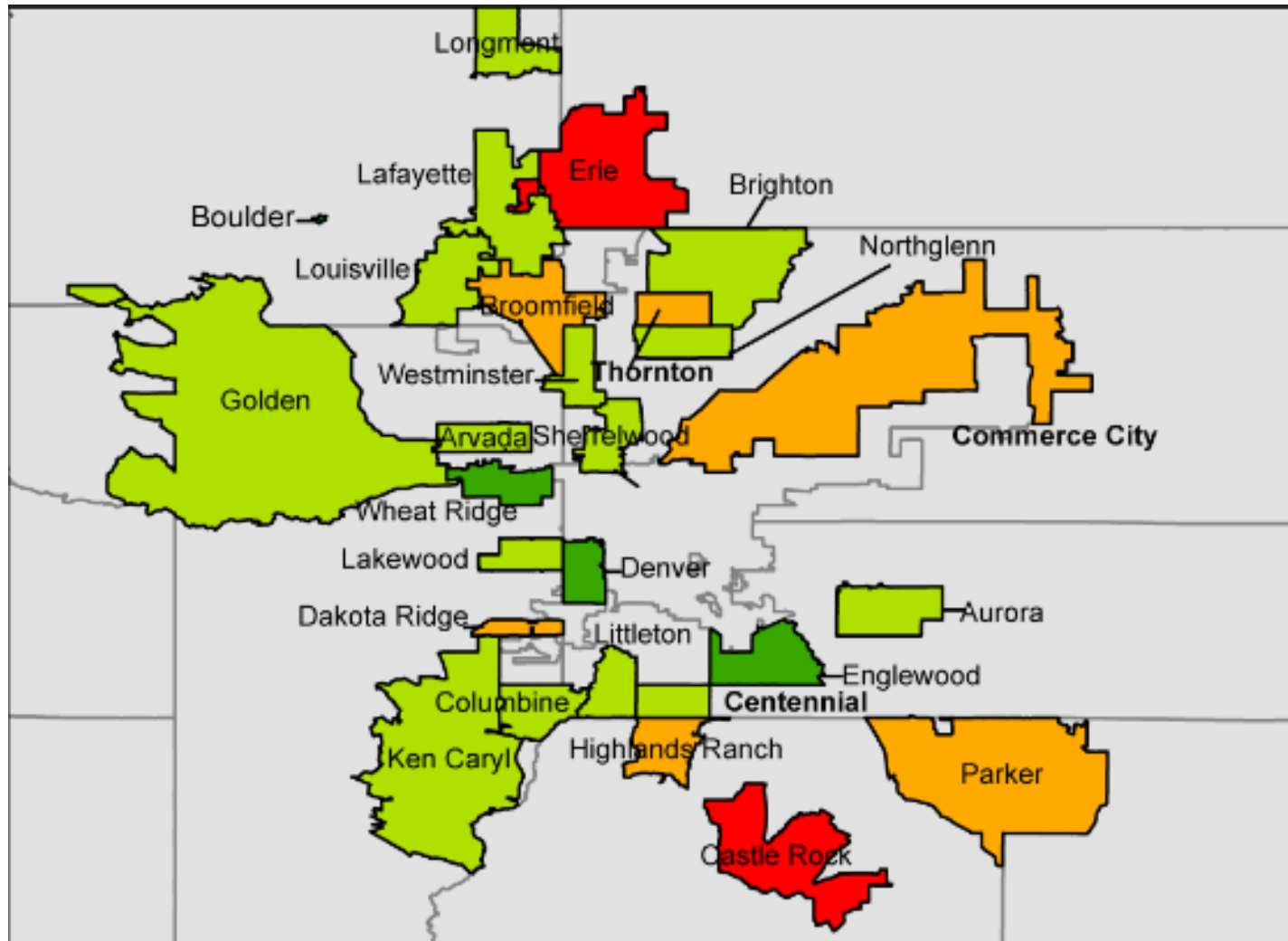
- Familiarize older adults with ride-sharing.
- Identify non-traditional partners.
- Expand voucher programs.

# Walking and Biking: Overview and Gaps





# Not All Colorado Communities Are Walkable



## Walking and Biking: Opportunities

- Support efforts to implement Colorado's Statewide Bicycle and Pedestrian Plan.
- Promote older adult interests in developing livable communities.

# Discussion with the SAPGA

- ❖ What topic areas resonate the most with you?
- ❖ What policy options or programs are most realistic and promising for Colorado?
- ❖ How can this research be translated into actionable recommendations to the legislature?
- ❖ Many of the highlighted programs have been implemented at the local level. How can the SAPGA be most effective at disseminating, supporting and scaling up some of these local programs?





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