



COLORADO

State Plan on Aging

FFY 2020-2023



COLORADO
Department of Human Services

What is the State Plan on Aging?

- Required by Section 307(a) of the Older Americans Act
- Criteria outlined by Assistant Secretary on Aging, U.S. Department of Human Services, Administration for Community Living (ACL)
 - Purpose:
 - Document tangible outcomes
 - Translate activities, data and outcomes into best practices
 - Provide a blueprint for coordination and advocacy activities
 - Build Capacity for the future of Older Americans Act programs



What's in the plan?

I. STATE PLAN FOCUS AREAS:

- Older Americans Act (OAA) Core Programs (transportation, nutrition, caregiver, etc.)
- Discretionary Grants (Lifespan Respite, Alzheimer's, etc.)
- Person-Centered Planning
- Elder Justice

II. STATE PLAN CONTENT:

- Governor's Signed Verification of Intent
- Narrative: Executive Summary, Context and Goals/Objectives/Strategies
- Attachments/Appendices:
 - *State Plan Assurances*
 - *Information Requirements*
 - *Intrastate Funding Formula*
 - *Colorado Demographic Data*
 - *Planning and Service Area*
 - *Summary of Public Input*
 - *Acronym Guide*



What was the process?

- Review goals and objectives in the 2016-2019 plan
- Review promising practices from other states
- Stakeholder input sessions
- AAA public input sessions
- Work with the State Demography Office on population projections and analyze demographic patterns
- Synthesize and organize all information into a new four year plan



What did we hear?

Older Adults:

- Transportation
- Health care access
- Nutrition/food security
- In-home services
- Caregiver support
- Housing
- Home modifications

Stakeholders:

- Transportation
- Workforce shortages
- Services in rural areas
- Housing
- Home modifications
- Mental Health
- Caregiver support



Goals:

Goal 1: Older adults in Colorado have opportunities to remain active, healthy, engaged and independent.

Goal 2: Older adults and their caregivers in Colorado are informed about and have access to available supportive services.

Goal 3: Older adults in Colorado live safely with dignity and respect and are empowered to self-advocate.



Goal 1:

Older adults in Colorado have opportunities to remain active, healthy, engaged and independent.

OBJECTIVE 1.1 - Strengthen and enhance the Nutrition Program to promote independence.

OBJECTIVE 1.2 - Collaborate in health initiatives to improve health outcomes for older adults.



Goal 2:

Older adults and their caregivers in Colorado are informed about and have access to available supportive services.

OBJECTIVE 2.1 - Raise awareness of available supportive services for older Coloradans.

OBJECTIVE 2.2 - Improve access to transportation by collaborating with local, regional and state partners.

OBJECTIVE 2.3 - Develop policies that support consumer choice and person-centered planning.

OBJECTIVE 2.4 - Strengthen, expand and evaluate the Caregiver Support Program.

OBJECTIVE 2.5 - Oversee, expand and evaluate the efforts of the Lifespan Respite Program.



Goal 3:

Older adults in Colorado live safely with dignity and respect and are empowered to self-advocate.

OBJECTIVE 3.1 - Improve outreach and education efforts of LTCO services.

OBJECTIVE 3.2 - Support the on-going training and education of LTCOs across the state.

OBJECTIVE 3.3 - Provide oversight and direction to the educational and training opportunities offered by elder rights and abuse prevention programs.

OBJECTIVE 3.4 - Promote self-advocacy programs for older adults.

OBJECTIVE 3.5 - Promote senior legal assistance programs.





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Discussion



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