

## MEETING MINUTES

### STRATEGIC ACTION PLANNING GROUP ON AGING

**Monday, April 25, 2016**

**9:00am – 12:00pm**

**1290 Broadway**

**First Floor, Independence Conference Room**

**Members present:** Jim Riesberg (chair), Ky Agnew, Rob Andresen-Tenace, John Barry, Karen Brown, Wade Buchanan, Greg Coopman, Dale Elliott, Susan Franklin, Christian Itin, Mindy Kemp, Jean Nofles, Dave Norman, Sallie Thoreson, Sharron Williams

**By Phone:** Steve Child, Doug Farmer

---

- I) Jim Riesberg called the meeting to order and took roll call. There were a quorum of Planning Group members present.
- II) The meeting agenda for April 25<sup>th</sup> was approved with no objections or changes.
- III) The Minutes of the March 28<sup>th</sup> Planning Group meeting were approved with no comments or revisions.

#### IV) Presentations

- A) **Medicare Overview, Centers for Medicare and Medicaid Services, Dennis DelPizzo and Mike Fierberg.** Mr. Fierberg provided a brief history of Medicare, what it is, E&E, characteristics of people covered, coverage, costs, duals, access, spending trends, and financing. Mr. DelPizzo provided an overview of the highlights of the Affordable Care Act and how it interacts with Medicare. The [presentation](#) from CMS can be found on the Planning Group website.

Planning Group discussion centered on changes to Medicare and if it was in response to the baby boomers as well as the future of what's going to happen after the generation has aged out and making sure there is money for the next generation. CMS responded that the answer is yes, this is one of the reasons they are looking at aging population and costs of health care overall - how to be a better, smarter payer. It was noted that Medicare is a beloved program and people look forward to Medicare coverage when the opportunity comes. It was also noted by the Planning Group that it is nice to see that Medicare is still viable and to see how the administration and oversight has changed over the years.

- B) **Ageing presentation, Medicaid and the Office of Community Living, Colorado Department of Health Care Policy and Financing, Tim Cortez and Jed Ziegenhagen.** Mr. Ziegenhagen provided a presentation on HCPF and how the department administers Medicaid in the state of Colorado, including initiatives and programs focused on older adults and the Office of Community Living. Mr. Cortez provided an overview of the Community Living Advisory Group (CLAG) and the

recommendations generated by the CLAG. The [presentation](#) can be found on the Planning Group website.

The seven areas of recommendations from the CLAG included:

- Improve quality and coordination of services
  - Quality of Life
  - Integration of LTSS with physical and behavioral health care systems
- Establish a comprehensive, universal system of access points
  - “No wrong door system”
- Simplify the state system of HCBS waivers
  - Consolidation of HCBS programs
- Grow and strengthen the paid and unpaid LTSS workforce
  - Strategies to recruit, retain and train workforce
- Harmonize and simplify regulatory requirements
  - Regulation updates
- Promote affordable, accessible housing
  - Expansion of housing options for seniors
- Promote employment opportunities for all
  - Support services to enhance inclusion in communities
  - Person-centeredness

Questions and discussion from the Planning Group included how long HCPF thinks it will take for Medicaid to pay for a fall prevention program and how long the departments think it will take for Medicaid to change some of their waivers? Mr. Ziegenhagen responded that as far as nursing facility use in Colorado specifically, the department has seen a relatively higher number of nursing facilities built in Colorado over last three years; there is a moratorium on new nursing facility Medicaid beds. Nursing facilities aren't all full at this time; the department has seen a slow, steady decline since 2002 and home health care is growing in Colorado. Related to simplifying waiver structure, it will take a while including getting CMS approval. The department is looking to combining adult developmental disability waivers followed by the mental health disability waiver. For fall prevention, need to look at how at-risk adults are for falling. It might be something where the department could leverage existing funding if it is available depending on need. Oftentimes a fall is what requires an individual to need Medicaid and they were not eligible beforehand.

It was noted by a Planning Group member that they were shocked with the amount of money put towards long term care nursing facilities in Colorado and what the state is doing about allocating money to nursing homes with poor standards of quality care - Is there opportunity to pay by quality of care? HCPF responded that the state has a nursing facility quality payment program for Medicaid, which is fairly basic. The regulatory structure for nursing facilities is based on needs for Medicaid program, and they were uncertain if the right data is captured for Medicare patients.

- V) **Literature Review, Keystone Policy Center, Lorez Meinhold.** The literature review is available on the [SAPGA website](#) under the “Resources” tab. The literature review was updated from the last Planning Group meeting to include information on who commissioned the reports contained within the

literature review. Additionally, a new document was produced within the review on “aging acronyms”. The literature review was also broken down by topic area at the Planning Group’s request.

#### **VI) Public Comment**

- A) Caroline Casteel, Caring Across Generations: Interested in what the Group is doing to ensure community input into recommendations. Haven’t seen many directly impacted people at the meeting and wondering if that is a charge of the communications and outreach committee and if the committee has a directive towards that?

#### **VII) Committee Reports**

- A) **Executive Committee.** Jim Riesberg provided an update for the Executive Committee. The Committee meets twice a month and is working on the RFQ process. Members attended the Club 20 meeting earlier this month where they received good reports from the information shared. Working primarily with vendors on RFQ to get a scope of work into the contract and have reached out to a second vendor to work on the housing piece of the RFQ. The committee chairs will be meeting again after today’s Planning Group meeting. Have discussed committee work and progress and how the group should continue to work into the future. Talked about how to move forward and will be discussing during the agenda later today on committee and planning group meeting schedule in June. At future Planning Group meetings we may have half the committees report at one meeting and the other half report at the next monthly meeting to have a more in-depth conversation on each committee.
  
- B) **Outreach and Communications.** Wade Buchanan provided an update on the Outreach and Communications Committee. The Committee is moving forward with outreach plan for Older Americans month in May. A focus of the committee conversation has been around outreach to various groups, but have not yet done a comprehensive outreach to the citizens in a way to show how to provide input; the Planning Group is six months away from our first report of several. The Committee is working on a social media plan and other comprehensive efforts to roll-out at the beginning of May. There are several goals including to build an understanding of importance of the issue, key audiences to build expectation towards importance of the Group and work, and doing as good of job as we can receiving public input.

It was discussed among the Planning Group that if folks want to provide input on the framework matrix, when would be the appropriate time? It was noted that now would be the time to comment on the content of what is included in the frameworks and we hope to have the Committees complete the draft content of the Matrix by June for further refinement by the Planning Group.

- C) **Technical Advisory Committee.** Karen Brown provided an update on the TAC. The Committee has had conversation on additional presentations to the Planning Group including boomer bond, transportation and long term care workforce related panel – these presentations will be done depending on Planning Group schedule and work from research vendor. The TAC is also looking

at creating a diagram on state aging programs within state agencies and will continue to work on updates to the literature review.

- D) **Physical Community.** Rob Andresen-Tenace provided an update on the Physical Community Committee. The committee is now focused on “built environment” opposed to just housing. The next meeting will be this upcoming Monday where the committee will focus on the built environment.

Planning Group member discussion included a comment that mobility for older adults usually means how you’re walking and get around, and when this committee talks about physical community it means the same thing as transportation. Could the committee look at how to distinguish these things from health vs. transportation? It was noted by the committee chair that the definition is the broader definition of getting from point A to point B, regardless of the mode of transportation.

- E) **Workforce Development.** Christian Itin provided an update on the Workforce Development Committee. The committee has done a line by line review of their framework matrix and are at the final place of making recommendations and will begin conversations with key stakeholders at their committee meeting later today. It was also noted that there is some overlap with the supportive community committee where they will continue working.

- F) **Health and Wellness.** Sharron Williams provided an update on the Health and Wellness Committee. The committee is building on the framework matrix and the group is working on initiatives for their outcomes 2, 3 and 4. Sharron noted that she would like to meet with chairs of other committees on issues and overlaps that effect the health and wellness committee.

Planning Group discussion included a consideration for the Committee that there is a move towards concierge medicine that leaves a bulk of people without access to medicine since they do not accept Medicare payments. This is a consideration the Planning Group should be aware of as we move forward to health and wellness.

- G) **Supportive Community.** Dave Norman provided an update on the Supportive Community Committee. The committee has good statewide representation. The committee recently received a presentation on the dementia community study. The committee is moving ahead with targets and made assignments to members on each of the 5 outcomes. The committee aims to have their framework matrix completed by end of the month. The committee is talking to Office of Rural Health in the Veterans Administration to see how they are setting up programs and services for veterans.

- H) **Family Economic Security.** Jim Riesberg provided an update on the Family Economic Security Committee. The committee is moving along on the framework but it keeps coming up in their discussion that if you wait to save until you’re a senior, it’s too late. The group is focused on education and other things for people to save for retirement sooner. Looking at retirement and pensions as well as keeping older adults in the workforce. Realized this will take a lot of behavior

change and how to encourage folks to change their habits. Need to focus on teachable moments at a time when folks need this financial education.

Planning Group discussion included a comment that looking at the plan for FES, for certain families thinking about the future of money is not a reality because they can only live for today. There is a need to start educating children as well as the parents at an early age.

- I) **Public Finance.** Wade Buchanan provided an update on the Public Finance Committee. The committee has made good progress and is realizing there are certain things that are appropriate and other areas that need more thought before a recommendation is appropriate. The group is small and others are welcome to join. The committee is set for a May completion date of their framework matrix.

VIII) **Consulting Services and RFQ Update.** The Executive Committee is working to refine the scope and work topic areas for the RFQ consultant. They are also working with DOLA to ensure the contract gets signed so work can start in a timely manner. There are a couple key questions to answer they are working with researchers on for the Planning Group's first report due in November. The November report is a baseline report since the Planning Group is working with a limited budget and time, and there will be different tiers for future reports from the Planning Group.

#### IX) Other Business

- A) Recommendation from Executive Committee to continue with one meeting for the Planning Group in May, and in June to begin meeting twice a month on the 2<sup>nd</sup> and 4<sup>th</sup> Monday from 9:00am to noon.

Jim Riesberg provided a motion on behalf of Executive Committee to have one meeting in May and two meetings in June in the morning. The motion was seconded and approved unanimously without objection.

- B) Discussion on holding a longer Planning Group meeting to provide more conversation on the committees.
  - 1) The meeting would need to have a more facilitated process to make it more productive and have active participation from the members.
  - 2) This depends on process going forward and if it is really needed. Perhaps we dedicate an hour to each framework so everyone can have input into all the different committees.
  - 3) It's up to Executive Committee to articulate how the work goes moving forward. We're bringing siloed work from committees back to the Committee of the Whole. I love the presentations and think there is importance, but at some point, waiting two hours before getting to our work will not make sense. Reaching a point where we need more time to dig into the work of the Planning Group and need to rethink this structure and would suggest cutting back on presentations at this point or coordinating the presentations with the committee topic we are focused on at that meeting.
    - (a) It would be interesting to hear from committees how different presentations fit in with their recommendations.

- 4) Have enjoyed presentations and gotten something from each one to take back and put into committee work. What if we flipped it so reports come first then follow with presentations?

**X) Public Comment**

- A) Ed Shackelford, Senior Lobby: I have been looking for an end of life discussion and haven't heard that mentioned and if it is being covered?
  - 1) The health and wellness committee is addressing this issue but have not yet developed specific strategic initiatives on this topic.

XI) **Next Meeting:** May 23, 2016, 9:00 am – 12:00 pm

XII) The meeting adjourned at 12:02pm.