

Meeting Minutes

Strategic Action Planning Group on Aging

Monday, March 28, 2016

9:00 a.m. – 12:00 p.m.

1290 Broadway

First Floor, Independence Conference Room

Members present: Jim Riesberg (chair), Ky Agnew, Claire Anderson, Rob Andresen-Tenace, Donna Baros, Karen Brown, Wade Buchanan, Greg Coopman, Dale Elliot, Doug Farmer, Susan Franklin, Christian Itin, Mindy Kemp, Linda Mitchell, Ben Moultrie, Jean Nofles, Dave Norman, Barbara Raynor, Sharron Williams
By phone: Sallie Thoreson

Action Items:

- ✓ Members should send any updates on the literature review, including reports they feel may be missing, to Lorez Meinhold no later than Friday, April 15th.
- ✓ Members should notify Lorez Meinhold and Mike Saccone of any upcoming events that would be relevant for the Planning Group to attend or present at; as well as any events members speak or present at on behalf of the Planning Group.

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- I) Chair Jim Riesberg opened the Planning Group meeting and took roll call of the members. There was a quorum of members present.
 - II) The agenda for the March 28th Planning Group meeting was approved with no changes.
 - III) Minutes from the February 22nd Planning Group meeting were approved with changes to correct the spelling of Sallie Thoreson's last name and an addition to Rob Andresen-Tenace's last name.
 - A) During this time Planning Group members Susan Franklin and Ky Agnew provided email updates to the Planning Group.
 - IV) Presentations:
 - A) **Framework Overview** – Jerry Stigall, DRCOG, Director of Organizations Development, provided advice and an update to the Planning Group on next steps and where the committees are in completing the Framework process.
 - B) **The Opportunity Project**, the Colorado Department of Health Care Policy and Financing, Hillary Lum and Murielle Romine. Hillary and Murielle provided an overview of the Opportunity Project which takes a prevention-based approach to identify and remove roadblocks so Coloradans can succeed across the life-span. The Project uses a framework that can be found within the [handout](#) provided to members during the meeting. Additional information on the Project can be found in the Opportunity Project's [presentation](#) on the Planning Group's website.

Planning Group questions and discussion included a comment that the Project pays a lot of attention to economic factors in the beginning of the framework but from 65 years on it seems everything is focused health, there was an urge for the Project to think about other factors that might be appropriate measures after 65 years. It was also mentioned that the labeling of adults 65 and older as “older adulthood” may not be well received as many adults who are 65 still have parents alive and don’t consider themselves to be older adults. The Project noted that they used 65 years because that is the demarcation many data sources use and it is the age of Medicare eligibility. It was also noted that as the Project uses information from different sources, they should consider that the way previous seniors thought and acted can be very different from the baby boomers who are now aging.

Additionally, Planning Group members discussed that housing costs are huge for older adults, 30-60 percent of income for older adults, and this may need to be a cost-cutting issue whether it is focused on independent housing or nursing facilities. Another key thing is mobility and how to get family members to places where they need to be; there are good metrics in terms of mobility for the Project to use. Another key factor is the cost of transportation and what it costs to be mobile and these are metrics to consider for measurements of success.

Public comment was provided by Caroline Castille who wondered how much long term care is being considered as an indicator and how much the Project is looking at quality of care, including quality for the caregiver? The Project noted that they would like to include long term care as an indicator and are working on data sources and best way to frame it. Quality of care for family care givers is important and may not show up in the projects top three or five indicators, but they do think it is an important indicator to look at.

- C) **City of Littleton Older Adult Programming** - Kay Wilmesher, Littleton City Manager’s Office, Human Services, Seniors Division. Littleton began looking at older adult services three years ago and an overview of the presentation and key points from the programs are provided in the [handout](#) from Ms. Wilmesher which can be found on the Planning Group’s website.

Planning Group discussion during this time included the fact that the Group will need to look at other funding resources on the local level and cannot depend on the state solely for funding.

- V) **Draft Literature Review**, Keystone Policy Center, Michele Patarino and Lorez Meinhold. Michele and Lorez provided an update and walked members through the draft literature review for the Planning Group. The lit review looks at aging reports that backdate through 2000, including state and federal legislation. If members feel there are specific reports missing from the review, they should let Lorez and Michele know.

Member discussion included what the time frame is for getting feedback to Keystone on the literature review; ideally, Keystone would like to have feedback within the next 2 weeks (by April 15th) for a final lit review to be presented to the Planning Group at the April 25nd Planning Group meeting. Any feedback should be sent directly to Lorez. Because this was a fixed contract, Keystone’s work on the literature review will be completed once the draft is finalized and it may be

appropriate for the Technical Advisory Committee to take on the responsibility of updates after this so the document can be updated as needed.

Additional discussion on the literature review included a request for the report to have a date documenting which iteration of the draft it is, and inclusion in the lit review of who wrote each commission/study/report.

VI) No Public Comment was provided during this time of the meeting.

VII) Committee Reports

- A) **Executive Committee:** Jim Riesberg provided an update on the Executive Committee. The committee has focused on outreach opportunities, completed the RFQ with CHI, and decided to have one Planning Group meeting in April so committees can continue their work and progress.
- B) **Technical Advisory Committee:** Due to time constraints, there was no report given by the TAC during the Planning Group meeting.
- C) **Physical Community:** Rob Andresen-Tenace provided an update on the Physical Community committee. The committee has been focused on mobility the last month and will move to housing next month. The group has been brainstorming on performance measures and has come up with some draft strategic initiatives. Highlights from their conversations include increasing senior ridership numbers, ensuring reliable infrastructure, and increasing comfort in using public transportation. To keep the committee moving forward, Rob will likely generate ideas around performance measures and strategic initiatives for the group to brainstorm around.
- D) **Workforce Development:** Christian Itin provided an update on the Workforce Development committee. The committee will be meeting later today to continue their work on the framework. The main areas of focus are on development of the workforce to serve older adults, allowing older adults to remain in the workforce as long as they wish, making sure all sectors of the economy are aware of aging transitions that are approaching, and to have a plan in place to focus on this. The committee is mostly focused on wordsmithing at this point.

Planning Group discussion included a note that one thing happening in healthcare is that nurses are aging out, and the industry is wondering what they are going to do about this issue and are beginning to train people for small portions of health care but are not training them in areas across the spectrum. This trend is happening throughout the health care spectrum which is creating problems with hiring adequately trained staff. It was also noted that is important to highlight a growing percentage of homecare workers are over the age of 50 and that Japan is beginning to use adaptive technology in home health care to do tasks older workers cannot.

- E) **Health and Wellness:** Lorez Meinhold provided an update on the Health and Wellness committee. The committee is focused on refining language within the framework and strengthening their performance measures. The strategic initiatives at this point are just

placeholders and will be ordered appropriately when the group gets to those in the process. There is a need for Health and Wellness to connect and work with other committees, especially around supportive community.

Planning Group discussion noted that under the committee's objectives, 100% of older adults have access to healthcare provider, should connect with public finance to make sure it is achievable.

- F) **Supportive Community:** Dave Norman provided an update the Supportive Community committee. At the latest meeting the group discussed guardianship, training for law enforcement and their role in cases of abuse and neglect in older adults, discharge training for medical professionals, and development of a program for Long Term Care Liaisons.

Planning Group discussion included a suggestions that Outcomes 1a should include something that helps understand what happens to people when they do age in place and there is not a lot of outside interaction and socialization for those people.

- G) **Family Economic Security:** Donna Baros provided an update on the Family Economic Security committee. The group is focused on performance measures at this time. When the group talks about financial security it is important to think about this by providing education and information on financial security at much younger ages; folks should be thinking about this before they are in their 60s and education should be done at teachable moments in life.

It was noted that a bill was introduced this week in the Colorado State Legislature, [HB16-1403](#), to create a public-private partnership that makes access available to retirement savings plans for employees who don't have access within their workplace. This is a process that will take some time, but there are many states that are starting to see the importance of this.

Planning group discussion suggested that part of the committee's strategy should be to make financial planning convenient and make it opt out rather than opt in.

- H) **Outreach and Communications:** Wade Buchanan provided an update on the Outreach and Communication committee. The group has focused on communications on behalf of the Planning Group in preparation for the report in November. The group is also looking at May, Older Americans month, to launch a six month campaign to build towards a receptive, excited audience for the Planning Group's report. The committee would like to ask the Planning Group's permission to put together a plan to be executed at the April meeting. They have put together a plan with core messages that will, hopefully, lead to an excited and receptive audience.

Planning Group discuss included who are the audiences the committee hopes to engages. The audience includes, but is not limited to, the state legislature and governor, people affected by recommendations in terms of implementation – county and municipal leaders, Colorado congressional delegation, non-profit leaders, foundations, higher education, business leaders, health care professionals, the media, faith leaders, and the general public.

Jim Riesberg provided a motion for the Outreach and Communications committee to be authorized to delegate an organized campaign to deliver a core message on behalf of the Planning Group. The motion was seconded by Karen Brown and carried unanimously by the Planning Group members.

It was also noted that Planning Group members should let Mike Saccone and Lorez Meinhold know about upcoming summer meetings that would be good for the planning Group to reach out to or present at. Members should also notify Lorez and Mike if they spoke at any events about the Planning Group, who they spoke to, and any relevant feedback they received.

- I) **Public Finance:** Wade Buchanan provided an update on the Public Finance committee. The committee has made good progress focusing on federal and state level funding issues. The group needs at least one more meeting before completing the basic matrix, with the possible exception of the targets. The next task of the group will be to combine, consolidate and do some serious prioritization of the various outcomes they have created.

Planning Group discussion included an appreciation of the listing under Outcome four around identifying state agencies and funding since many state department programs are based on grant funding and some of the programs may only be around for a few years. I was also mentioned that Outcome three does not mention funding of non-emergent medical transportation which is a very inefficient program. One goal might be to maximize the efficiency of the transportation program; there is a significant amount of money spent on expensive services that are not necessary.

VIII) Other Business

- A) Senior Day at the state capitol is Wednesday, March 30th.
- B) Susan Franklin has left her job at Jeffco Human Services and has changed her email address but will continue to serve on the Planning Group.

IX) No Public Comment was provided during this time.

X) Next meeting: April 25, 9:00 a.m. – 12:00 p.m.

XI) The Planning Group meeting adjourned at 12:03pm.