

Strategic Action Planning Group on Aging Agenda
November 13, 2017
Noon until 3 pm

1290 Broadway, First Floor Independence Pass Conference Room
Call in: 515-739-1034, access code 216470#

- 12:00 Welcome and Roll Call (roster pages 2-3)
- 12:05 Approval of October Minutes (pages 4-8)
- 12:10 Public Comment
- 12:15 Committee, Subcommittee and Administrative Reports and Action Items
 - A. Executive Committee
 - B. Subcommittee on Implementation
 - C. Subcommittee on Local and Regional Implications and Planning
 - D. Subcommittee on Technology and Innovation
 - E. Subcommittee on Workforce Development
- 12:45 Regional “Conversations on Aging” Update and Plan
- 1:00 Legislative Panel: Rich Mauro moderates a discussion and question and answer session with legislators regarding the upcoming 2018 legislative session.
Panelists: Sen. Beth Martinez Humenik and Rep. Joann Ginal (bios pg. 9)
- 2:00 Break
- 2:15 December Election of Officers: Procedures (pg. 10)
- 2:25 December Meeting Agenda: Facilitated Discussion on Preparations for 2018 (pg. 11)
- 2:40 Fundraising & Fiscal Sponsorship Discussion
 - A. Sponsorship
 - B. Requests: AARP, DRCOG, Next Fifty Initiative
 - C. Rose Foundation
- 2:50 Public Comment
- 2:55 Other Business
- 3:00 Adjourn
Next meeting December 11, 2017

Strategic Action Planning Group on Aging Member Roster – November 10, 2017

Executive Committee

James Riesberg, chair
Greeley
970-351-6619
jlrco@comcast.net
Appointed: 8/4/15
Term Ends: 8/1/19

Karen M. Brown, vice chair
Seniors Matter / Aging2.0 Denver
Arvada
303-807-4586
Karen.peffer.brown@gmail.com
Appointed: 8/4/15
Term Ends: 8/1/19

Wade Buchanan
Formerly, Bell Policy Center
Arvada
303-885-8026
wadebbuchanan@gmail.com
Appointed: 8/4/15
Term Ends: 8/1/19

David R. Norman
Area Agencies on Aging
Grand Junction
970-248-2717
dave.norman@mesacounty.us
Appointed: 8/4/15
Term Ends: 8/1/17

John Zabawa
Formerly, Seniors Resource Center
Denver
303-235-6931
jza3014835@aol.com
Appointed: 3/31/16
Term Ends: 8/1/18

Planning Group Members

Claire Anderson
Innovations in Aging Collaborative
Colorado Springs
(719) 602-3815
claire@innovationsinaging.org
Appointed: 8/4/15
Term Ends: 8/1/18

Donna Lee Baros
Colorado PERA
Denver
303-832-9550
dBaros@copera.org
Appointed: 8/4/15
Term Ends: 8/1/18

John Barry
CO Dept. Health Care Policy & Financing
Denver
303-866-3173 / 303-915-7738
John.R.Barry@state.co.us
Appointed: 8/4/17
Term Ends: 8/1/21

Steve Child
Pitkin County Commissioner
Snowmass
970-948-3008
steve.child@pitkincounty.com
Appointed: 8/4/15
Term Ends: 8/1/21

Gregory P. Coopman
Heartfelt Care At Home
Monument
719-362-0094 / 520-822-6340
greg@heartfeltcareathome.com
Appointed: 2/10/16
Term Ends: 8/1/19

Coral Cosway
Alzheimer's Association of Colorado
Littleton
303-813-1669
ccosway@alz.org
Appointed: 9/8/17
Term Ends: 8/1/19

Dale Elliott
Volunteers of America
Commerce City
720-264-3303
delliott@voacolorado.org
Appointed: 8/4/15
Term Ends: 8/1/18

Christian Marcel Itin
Metropolitan State University of Denver
Centennial
585-317-4196
citin@msudenver.edu
Appointed: 8/4/15
Term Ends: 8/1/19

Gabriel Kaplan, PhD, MPA
Health Promotion and Chronic Disease
Prevention Branch
Denver
303-692-2338
gabriel.kaplan@state.co.us
Appointed: 10/13/17
Term Ends: 8/1/18

Mindy Kemp
Colorado Department of Human Services
Thornton
303-866-4927
mindy.kemp@state.co.us
Appointed: 8/4/15
Term Ends: 8/1/19

Joshua Laipply
Colorado Department of Transportation
Denver
303-757-9204
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Appointed: 3/31/17
Term Ends: 8/1/18

Ben Moultrie
Colorado Commission on Aging
Aurora
303-641-2424
bmoultrie09@gmail.com
Appointed: 8/4/15
Term Ends: 8/1/18

Jean Nofles
AARP
Aurora
303-520-9664 / 303-696-0749
jnofles@msn.com
Appointed: 8/4/15
Term Ends: 8/1/17

Jayla Sanchez-Warren
DRCOG / AAA
Denver
720-375-1738 / 303-480-6735
jswarren@drcog.org
Appointed: 3/31/17
Term Ends: 8/1/19

Karin Stewart
Jefferson County Aging & Adult Services
Golden
303-271-4251
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Appointed: 4/7/17
Term Ends: 8/1/21

Tony Tapia
Latino Community Foundation of Colorado
Denver
303-905-8999
tapiat@msn.com
Appointed: 7/4/16
Term Ends: 8/1/19

Sharron Williams
Optimal Healthcare Solutions
Denver
720-394-4668 / 303-307-1604
optimalhealthcaresolutions@hotmail.com
Appointed: 8/4/15
Term Ends: 8/1/18

Strategic Action Planning Group on Aging

Monday, October 9, 2017 - Meeting Minutes

Members Present: Jim Riesberg (chair), Karen Brown (vice chair), Wade Buchanan, Coral Cosway, Gabriel Kaplan, Jayla Sanchez-Warren, Karin Stewart, **By phone:** Ben Moultrie, Donna Baros, Dale Elliot, Josh Laipply, Jean Nofles, Dave Norman, and John Zabawa. **Sinergie Project Staff:** Gene Rose, Amber Minogue. **Planning Group Intern:** Jarett Hughes

Meeting called to Order

Chair Jim Riesberg called meeting to order at 12:00 pm and took roll; participating members constituted a quorum.

Approval of Agenda and August Meeting Minutes

Minutes accepted as submitted.

Introduction of New Members

Chairman Riesberg welcomed Coral Cosway from the Alzheimer's Association and Dr. Gabriel Kaplan from the state's Health Promotion and Chronic Disease Prevention Branch to the Planning Group.

Public Comment

Jayla Sanchez-Warren informed the Planning Group that services to seniors in the state were at risk because of the Federal Office of Management and Budget has not released funds to the state, and the comptroller has indicated that no funds will be released to Area Agencies on Aging in the state until those federal funds are received. Dave Norman and Jayla Sanchez-Warren said they had funds to continue services until December and January respectively, but services would have to be cut if state funds are not received by then.

Rich Mauro of DRCOG updated the Planning Group on the recent Eastern Plains annual seniors event and the associated legislative activities, which was well attended. Karen Brown also spoke at the event, providing information about the work of the Planning Group.

Diversity Presentations:

Daniel Ramos, Executive Director at One Colorado

Highlights:

- Cohort differences are vast between those in the LGBT community
- Issues of isolation and loneliness
 - Breakdown of family units, less children, less informal caregiving
- Invisible Report, 2011
 - Collected sexual orientation and gender identity information
 - Determined how LGBTQ communities interact with the health care system
 - Not common to inform doctors of orientation. Rural perceptions of LGBTQ community is different than in urban areas
- Health care providers think they're doing better than they are
- Education and awareness is important

- Behavioral health services are needed
- Group pushing for identity documents legislation, LGBTQ community needs to be able to update government documents easily
 - Targeting regulations when and how an adult can alter their gender/sex
- Housing issues for LGBTQ adults
 - Long term care service providers, shared room issues.
 - Stigma among other residents, how would living in assisted care facility look for LGBTQ older adults?
- Need continued research and data collection on the LGBTQ community
 - Federal level is ignoring currently, need advocacy and work at the state level
- Jayla Sanchez-Warren noted denial of Medicare payments for the continuation of mental health hormone treatments causes serious problems, particularly for LGBTQ elders
 - Need long-term care Ombudsman to deal with issues of negligence or unfair treatment
- End of life issues for LGBTQ older adults
 - Conversations are commonly held among families, are they having them?
 - How do we assist facilities and families?
 - How to solve these issues without litigation?
- DRCOG has an education program for LGBTQ older adults awareness

For more information on One Colorado, contact:

Daniel Ramos

Phone: 303-396-6171

Email: danielr@one-colorado.org

For more information on information provided by DRCOG, contact:

Jayla Sanchez-Warren

Phone: 720-375-1738

Email: jswarren@drcog.org

For more information on AARP information on LGBTQ issues for older adults, contact:

Jean Nolfes

303-520-9664

jnofles@msn.com

Daniela Young, Project Manager, Latino Community Foundation of Colorado

Highlights

- Focus on Latino older adults in Montbello community
 - Housing placement is a large issue
- 1.1m Latinos in Colorado, more than 200,000 are without a way to citizenship
- Barriers to service are dynamic and interrelated
 - Dental services are large issue- not covered by Medicare
 - CU Dental staff assisting Latino older adults
- How do we find opportunities for equity?
 - Collectiveness
 - Family involvement

- Some Latinos have sponsors, when apply to social programs the sponsors incomes are considered
- Some Latino older adults are more willing to go to Mexico than receive care in the community because of delays in getting appointments and language barriers

Question: what are the larger issues affecting Latino older adults?

- Underserved populations
- Engaging community leaders and local leadership, consulting them for public perception on providers
- Involving caseworkers to “get to know” the community
- Expanding on what family means
- Continue being evaluative of programs
 - Need research

Jayla Sanchez-Warren noted the need to pay attention to this large Colorado community

- Need to be more accurate with pinpointing underserved populations
- “quotas” are not effective at increasing service provision
- Must be able to communicate with the demographic we want to serve

Karen Brown suggested a need to find research on service provision to demographic groups

- Most programs don’t have the funding to do their own analyses/evaluations? We need a more scientific approach to service provision, evaluations and research

Jim Riesberg discussed the need for medical interpreters and that a matriarchal approach was effective in Weld County

For more information on Latino Community Foundation of Colorado, contact

Daniela Young
 Project Manager
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Committee Reports

Executive Committee Report

Jim Riesberg discussed the announcement that the Governor and Lt. Governor held a press conference to announce that Next50 has provided funding for a position focused on aging issues in the Governor’s office, which was the first recommendation in the Planning Group’s November action plan. The Executive Committee has been focusing on fundraising efforts and the execution of the regional meetings. He also noted that the November Planning Group meeting will feature a panel of state legislators.

Legislative Caucus Updates

Work continues on reaching out to state legislators, asking them to participate in the Legislative Caucus. Planning Group members have been reaching out to legislators, informing them of the opportunity.

Regional Meeting Updates

Three regional meetings are scheduled before the November Planning Group meeting: October 19 in Pueblo, October 25 in Fort Morgan and November 2 in Denver. A location for 150 people has been secured for the Denver meeting, Mountain West Dental Institute, 925 Lincoln St. This will allow 150 people to sit together at tables. Should the attendance exceed those expectations, the style of the room will change to theater seating. Planning Group members were encouraged to attend the meetings. Currently, the Pueblo meeting is short of Planning Group members to help facilitate the conversations.

Subcommittee Reports

Subcommittee on Implementation

The subcommittee has discussed a comprehensive state budget for aging issues and attempting to change the way state agencies approach the budget. Fully funding PERA may be a new goal. The priority listing of recommendations are being tracked by the subcommittee, and can be found online on the Planning Group's subcommittee's records page.

Subcommittee on Local and Regional Implications and Planning

The subcommittee notes that rural areas in the state want participation and recognition. There are major concerns that local governments aren't listening to the needs of their older adults. The subcommittee is working with the Sinergie Project intern to discover gaps and make an assessment of regional plans. In addition, the subcommittee continues to monitor and make recommendations on the regional meetings.

Subcommittee on Technology and Innovation

In lieu of the September meeting, the subcommittee participated in Denver Startup Week. Aging issues were well represented at the event that drew more than 18,000 people. Through Aging 2.0, Next50 Initiative and AARP Innovations@50+, which were sponsors of the meeting, a number of sessions were held promoting startup work in the aging space and the longevity economy.

Subcommittee on Workforce Development

No report.

Fundraising Discussion

Jim Riesberg is reaching out to Henry Sobanet about Planning Group budget, where he will make a formal request for a supplemental line item in the state budget request for 2018 operations. Sinergie Project will draft the request for submission.

In a discussion about state funds and the potential for departments to provide funding out of their respective budgets for Planning Group work, Gabriel Kaplan noted that donations/allocations from state agencies depend on their structure; the larger they are, the more flexibility/funds they will have.

An update was given about the establishment of a fiscal agent for the Planning Group to be umbrellaed under so that the Planning Group has more flexibility with fundraising sources. The Senior Resource Center may be used as a conduit for funds to the Planning Group and assist in financial tracking. Preliminary conversations have begun with the Senior Resource Center and a board meeting is being held soon, with hope for an answer by December 1 about the viability.

Other fundraising initiatives that are currently being pursued include Next 50, who is currently figuring out their goals and scope for funding over the next two years. They will open up their application process at the end of October, likely with about a one-month turnaround so that they can fund by the beginning of 2018. They are interested in vulnerable populations (e.g. socio-economic, racial minority, rural/urban, LGBTQ, etc) and innovative solutions that have the potential to be scaled or replicated. They expressed interest in attending the Ft. Morgan and Denver “Conversations on Aging”.

Sponsorship applications are in the works for DRCOG and AARP

Public Comment

Jenny LaPerriere from the Denver Public Library noted that the 2016 action plan did not include information about libraries. She noted that libraries are an important conduit of information and a place with resources that are popular seniors, and suggested the library is willing to work with the Planning Group to get information out about critical issues. She hopes that the 2018 action plan will note the value of libraries in the aging space.

Adjourn – 2:43 pm

Next meeting November 13, 2017.

Bios of Legislators (taken from online bios)

Senator Beth Martinez Humenik

The Senator is a fourth generation Coloradan who grew up primarily in Fort Collins. She is a former proprietary college Adjunct Instructor and K-12 substitute educator with a long history of educators in her family as well as industry experience in a variety of other fields. She received both a Bachelor and Master of Science degrees from Colorado State University. Senator Martinez Humenik is a dedicated leader, who listens, is thoughtful and is a strong advocate for District 24 as well as for all citizens in Colorado. She has lived in the City of Thornton since 1997 where she served as a Municipal leader from 2007-2014.

She works diligently on healthcare reform options as well as affordable access for all Coloradans, transportation issues currently facing our state, education opportunities for our children's success. She serves the residents in SD24 with honor, honesty and integrity. Senator Martinez Humenik is actively involved with municipal leaders, the business community, non-profits and residents in Thornton, Northglenn and Westminster, the three cities represented in Senate District 24. She is also engaged with the Adams County Commissioners, State Offices/Agencies, Federal Offices/Agencies, other State Legislators and the Colorado Congressional Delegation in Washington, DC.

Rep. Joann Ginal

A healthcare professional, bio-scientist and community leader, State Rep. Joann Ginal is a longtime Fort Collins resident. Dr. Joann Ginal is in her third term representing Colorado House District 52, which is Fort Collins and parts of unincorporated Larimer County. She is the Chairwoman of the Health, Insurance & Human Services Committee and is a member of the Public Health Care & Human Services Committee as well as the Transportation and Energy Committee.

Rep. Ginal has focused much of her attention on healthcare and public health issues. She has sponsored a bill to help both large and small animal veterinarians to have stock available of compounding drugs for emergency use in their offices or mobile offices. She also passed another bill to create uniform standards for prior authorization of prescription medication, saving health care providers significant time and money and ultimately reducing costs for consumers. In 2015 she passed a statewide bill for telehealth, which will help patients see their healthcare provider faster, especially in rural and underserved urban areas. In 2013 she was the first to pass a law regulating naturopathic doctors in Colorado, which had failed for 22 years prior to Rep. Ginal's legislation. She is the sponsor of the End of Life Options Act, which would allow the terminally ill to self-administer a lethal dose of medication rather than continue to suffer with an irreversible and incurable illness that, in the opinion of two doctors, will cause death within six months. She also passed a law to allow terminally ill patients to participate in clinical trials or use investigational drugs.

Election Procedures (from Bylaws)

Article IV. Officers

A. Election of Officers. The Planning Group shall elect from its membership individuals to fill an Executive Committee that shall consist of a chairperson and vice-chairperson plus three at-large members to coordinate the work of the Planning Group. Individuals may be reelected to the Executive Committee either in the same or another position as often as may be desired by the Planning Group.

I. Elections shall occur at the first regular meeting of the Planning Group, or as soon as practicable thereafter, for terms ending December 31, 2016 and at least annually thereafter. Subsequent elections shall occur at the last regular meeting each year with those elected assuming their duties on January 1.

II. Nominations may be made from the floor and may include self-nominations. The nominee must be present and agree to their candidacy for the position. Elections shall be by ballot. In the event that a single nominee or slate of officers is available for election, a voice vote may be taken. In the event of a ballot vote, members may choose only one individual for each office. If there is a tie for any individual office, each candidate may state their case for election before a second vote is taken. Voting continues until one candidate is elected for each office. A quorum is required for any election vote and a majority is required for election.

**STRATEGIC ACTION PLANNING GROUP ON AGING
(DRAFT)**

December 11, 2017

Desired Outcomes:

- Provide Planning Group Framework for 2018 Calendar Year
- Present and clarify Subcommittee Accomplishments in 2017 and recommendations for 2018
- Agree on Goals and Subcommittee structure for 2018
- Elect 2018 Officers

Proposed Agenda:

- Welcome, introductions, agenda review Noon
- Subcommittee Presentation: Implementation 12:10
- Subcommittee Presentation: Workforce 12:25
- Subcommittee Presentation: Technology and Innovation 12:40
- Subcommittee Presentation: Local and Regional 12:55
 - --Regional Meeting Results (Sinergie Project)
 - --AAA Plan Analysis and implications (Sinergie Project)
 - --Subcommittee recommendations (Co-chairs)
- Instructions for Breakout Groups 1:10
- Breakout Groups: Decide on Top Goals for 2018, including Subcommittee Structure 1:15
 - Report Out
 - Vote on Top Priorities, Agree on Next Steps
- Discussion on 2018 Structure 2:45
 - Calendar, Meeting Days/Times
 - Guidelines and Strategies for 2018 Presentations
 - Financial Outlook
 - Consultants
- Election of Officers 3:15
- Adjourn 3:30
- Celebration 3:30