

# City of Littleton

## Older Adult Programming – Key Points

### 1. Initial research and findings, and development of a strategy

- a. Examined Littleton aging statistics, met with senior citizens and partner organizations. Visited and interviewed metro cities and counties.

### 2. Strategy

- a. Boomer Bond, Community Assessment Survey on Older Adults (CASOA), Senior Reach Program, and development of an informal networking group.
- b. Littleton Coalition on Aging Well Task Force – Aging Well Resource Center

### 3. Aging Well Resource Center

- a. Creation
- b. Frequent questions and requests
- c. Impact
- d. Future plans
- e. Helpful hints

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