## **Colorado Conversations on Aging:**

Montrose, CO	October 3, 2019	Montrose Regional Library
Craig, CO	October 24, 2019	Northwestern Colorado Community College
La Junta, CO	January 9, 2020	La Junta Senior Center
Aurora, CO	January 31,2020	Aurora Active Adults Center
Sterling, CO	March 13, 2020	CSU Northeast Regional Engagement Center
Durango, CO	April 23, 2020	TBD
Salida, CO	May 18, 2020	TBD

## Hosted by:

## AARP Colorado, Colorado Commission on Aging, Governor's Office, and the Strategic Action Planning Group on Aging

We are seeking your help in highlighting local efforts by convening community members and organizations to share best practices, emerging ideas, and innovative directions for supporting older Coloradans. We want to hear about what is working in your community!

With the launch of <u>Lifelong Colorado</u>, cities and counties around Colorado are encouraged to begin their own age-friendly planning. We are hoping to elevate aging and older adult-related successes within communities and share them with stakeholders across the state.

Coloradans are living longer than ever before, help us plan for how best to support our communities and our families. We all deserve to age with dignity in the community of our choosing. Your input is valuable and can help inform policy making at the local and state levels.

We are interested in hearing about solutions and opportunities to address these various topics:

Financial Security	Retirement	Healthcare Access
Family Caregiving	Housing	Transportation & Mobility
Employment Issues	Social Services	Creative Aging
Advance Directives	Hospice Care	Elder Abuse
Use of Public Space	Social Participation	Ageism and Respect

Are you familiar with interesting solutions or approaches in your community to address these issues?

Would you like to highlight your, or a colleague's, organization or program?

If so, reach out to us at <a href="mailto:agingsummitco@gmail.com">agingsummitco@gmail.com</a> or leave a voice message at 970-400-1992. Please, use the same contact information in order to RSVP.

- Coffee and light breakfast will be provided -

We hope to see you soon!





