



SUPPORT GROUPS FOR CAREGIVERS

DENVER METRO AREA

Alzheimer’s Association support groups meet on an ongoing basis and are for family or friends who have a loved one with Alzheimer’s disease or another form of dementia. The groups are facilitated by volunteers who are screened, trained, and supervised by the Alzheimer’s Association. These groups are a safe place to receive support for the difficult journey of dementia.

Due to an abundance of caution during COVID-19, **ALL** support groups are held in a **VIRTUAL** and **INTERACTIVE** format through an application on your computer, tablet, or smart phone called Zoom. A call-in option is also available for each group.

General Groups

To register or for more information, please visit www.alz.org/crf, or call the 24/7 Helpline at 1.800.272.3900.

Support groups are for family members or friends who have a loved one with Alzheimer’s disease or another form of dementia at any stage of the disease.

DAY	TIME	HOST SITE <i>*Host site names are for reference only—ALL groups are offered virtually at this time.</i>
1st Monday	1:00—2:00 p.m.	Juniper Village at Aurora, Aurora
2nd Monday	6:00—7:30 p.m.	Standley Lake Library, Arvada
1st Tuesday	10:00—11:30 a.m.	Thornton Community Center, Thornton
2nd Tuesday	1:00—2:30 p.m.	Good Shepherd Episcopal Church, Denver
2nd Wednesday	7:00—8:30 p.m.	Life Care Center of Littleton, Littleton
4th Wednesday	6:30—8:00 p.m.	Augustana Lutheran Church, Denver
3rd Thursday	10:00—11:30 a.m.	Covenant Village of Colorado, Westminster
3rd Thursday	7:00—8:30 p.m.	Heritage United Methodist Church, Littleton
4th Thursday	10:00—11:30 a.m.	The Garage, Denver
1st and 3rd Friday	2:00—4:00 p.m.	Castle Rock Adventist Hospital, Castle Rock
2nd Friday	10:00—11:30 a.m.	The Hub, Lone Tree

NO COST TO ATTEND.
FOR MORE INFORMATION, CALL 800.272.3900
OR VISIT: ALZ.ORG/CO





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General Groups, continued

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3rd Friday	1:00—2:30 p.m.	Goodson Recreation Center, Centennial
4th Friday	9:00—10:30 a.m.	Arvada United Methodist, Arvada
1st Saturday	1:00—3:00 p.m.	St. Anthony Hospital, Lakewood
2nd Saturday	10:00—11:30 a.m.	Brookdale Highlands Ranch, Highlands Ranch
4th Saturday	10:00—11:30 a.m.	Northglenn Recreation Center, Northglenn / Parker Adventist Hospital, Parker

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Specialized Groups

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Specialized groups are offered for the variety of needs specific to particular types of dementia and caregiving scenarios. Please note, caregivers may attend any group that best meets their needs.

GROUP THEME	DAY	TIME
Lewy Body Dementia Caregiver Group	3rd Thursday	6:00—7:30 p.m.
Adult Children Caregiver Group - A support group for children caring for aging parents	1st Wednesday	7:00—8:30 p.m.
Men's Caregiver Group	3rd Tuesday	12:00—1:30 p.m.
Frontotemporal Dementia Caregiver Group	2nd Tuesday	5:30—7:00 p.m.

NO COST TO ATTEND.
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