

Focus Area Ideas from Facilitation

We collected all of the ideas that were generated on cards in the small group, and organized them in the following categories. They are presented here, in order of the number of mentions per category (recognizing that there is obvious overlap between some categories).

Health and Wellbeing

- Physical wellbeing
- Health promotion
 - Publicizes resources and help with navigation
- Opportunities to create an age-friendly health system
- Engage expertise of Colorado health system - UC, Health One, etc.
- Public health (holistic)
- Advance care planning/education
 - Financial
 - Health
 - Housing
 - EOL
- Healthcare coordination between medical – SS/individual/family
- New payor models and reimbursement (caregiving, technology/innovation environment/housing/LTSS)
- Healthcare accessibility
 - Cultural
 - Language
 - Geography
- Healthcare costs and quality
- Paid family and medical leave
- Age friendly, public healthcare for older Coloradans statewide

- Promote innovations in healthcare to address accessibility
- Prevention
 - Nutrition
 - Healthy actions
- Advance care planning
- Coordination of services
- Healthcare policy prescription drug costs
- Advance care planning/respite
- Telehealth programs
- Medicaid
- Prescription drugs

Workforce

- Encore adult's contribution to society
- Resources/education to help encores
- Continue to address open society discussion regarding opportunity for Encore Adult education and contributions
- Learn from national and international initiatives and programs to address encore adults
- Continue to educate the public, promote organizations and government about the very large percentage of our population who will be Encore adults
- Increase health workforce caring for older adults
- LTC/Care giving workforce
 - Training and tuition assistance
- Bolstering/supporting the direct care workforce
 - Improve direct care
- Continue workforce focus – encore careers, zero ageism, recruit caregivers
- Re-training
- Environment

- Age friendly
- Strengthen workforce – supporting older adults
- Increased support for unpaid caregivers
- Aging workforce needs and opportunities
- What would be the optimum working condition for me?
- Optimal work environment for older workers
- Ways to support caregivers and allow seniors to stay in community
- Comparative analysis
- Workforce shortages

Housing

- Affordability/planning
- Immediate need versus long term plans
- Homestead Act
- Home modifications
 - Guidelines/building codes
- Homestead exemption guidelines
- Increased inventory of affordable quality housing
- Housing related issues
 - HE
 - PTC
 - Zoning
- Improve and expand intermediate housing upstream of AL
- Combination of home modification, universal design and past
- Identify local policies around affordable housing
- Low income senior housing
- Contacts expanded further into rural regions

Transportation

- How we design/plan
- Innovative multi-modal solutions for aging population
 - Aspen mobility lab
- Continue transportation focus
 - See the dialysis appointment through
 - Connect with hospital discharge
- Transportation committee pilot
- Transportation to be able to access specialized healthcare
- Promote safe driver programs state-wide
- Share focus on distance to services versus population count
- Ride sharing and multi modal transport

LTCSS

- Create a public-private partnership to deliver subsidized in home services like housekeep, transportation, food, OT/PT
- Alignment in social supports and LTCSS
- Increased support for LTCSS
- Efficient, effective, allocation of services
- Dementia

Retirement Security

- Secure Savings plan
- Financial literacy
- Public 401k plan
 - Support – FAMILI, PTC rebate, secure savings
 - Financial literacy

Other

- Analysis of state budget and how aging issues can be funded
- Intergenerational programs
- Poverty and aging – vulnerable populations?
- Expand audience for awareness and implementation to business sector and local government
- Analyze and recommend creative/innovative funding mechanisms
- Identifying synergy between workforce, health, transportation and LTCSS
- Social media interns to promote;
 - Healthy aging
 - Lifelong CO
 - Narrative change, etc.
- Boots on ground to see reality of rural Colorado needs
- Changing the narrative – state wide PR/social media campaign
- Parallel paths
 - Long term 5+ years
 - Short term -5 years
- Engage younger people in solutions
- Funding for older CO adults
- Labor reform
- Provide regulation federal policy updates on how CMMS and other national policies impact SAPGA
- Education/advocacy
- Finding/researching and planning for programs that cross categories