

SAPGA Strategic Planning Meeting Notes

December 10, 2018

Opening and Welcome from Karen Brown

Feedback from SAPGA Member Survey

- Members want a better direction for 2019, clearer focus
 - Some looking into 2020
- Lifelong CO
 - All SAPGA members very interested in these questions:
 - What is our role?
 - How do we move forward?
 - Will be addressed but not in this session
- Looking forward to 2019, healthcare has not been covered a lot
- Age-Friendly Public Health System Colorado
 - How do you look at that from the older population and make them as healthy as possible?

Book Recommendation: Just Move! A New Fitness Approach to Fitness after 50 – by James P. Owen

- Prevention is a big issue. If people could monitor their own behavior, improve behavior, can reduce costs
- Physical activity is a great preventative measure for arthritis, diabetes, etc.

Comments from Gabriel Kaplan from Colorado Department of Public Health and Environment (CDPHE)

CDPHE is often mistaken for providing medical care. However, they are concerned about the environment and interest in making people healthier.

- Improving policies
- Lives of citizens of Colorado
- Whether or not to smoke cigarettes, marijuana, eating healthy, etc.
- Systems building, working with healthcare systems, moving away from acute care model
- Health systems in CO are overworked and overburdened, leading to a struggle to

Agenda Review

SAPGA has contracted with Encore Roadmap (Janine Vanderburg) to facilitate today's session

Desired Outcomes

- Clear focus and goals for 2019
- Clarity on scope of SAPGA (including roles related to advocacy)
- Special meeting to discuss Lifelong CO

Agenda

- Introductions
- SAPGA Role
- Setting criteria for 2019 focus
- Establishing 2019 focus area
- Thank you and next steps

Attendees

Bob Brocker

Steve Child *

John Emerson *

Karen Brown *

Jimmy Collins *

Margaret Franckhauser

Wade Buchanan

Coral Cosway *

Kelli Fritts

Gretchen Cerveny

Sarah Elliott *

Mindy Gates *

Hayley Gleason *	Ed Leary	Jim Riesberg *
Steve Grund *	Christopher Lee *	Jayla Sanchez-Warren *
Jarett Hughes	Rich Mauro	Ed Shackelford
Christian Itin *	Maureen McDonald *	Karin Stewart *
Gabriel Kaplan *	Ben Moultrie	Tony Tapia *
Andrea Kuwik	Jeanne Nofles *	Natalie Wood *
Josh Laipply *	Dave Norman (Remote) *	John Zabawa *

* SAPGA member

What is SAPGA's Role?

SAPGA is charged to create a strategic action plan on aging.

Q: Are we a group advocating and implementing?

A: We are here to create a strategic plan

SAPGA and Senior Advisor on Aging

SAPGA works with the senior advisor on aging who helps facilitate the action of strategic action plan. It is important that there is synergy and connectedness between the two.

SAPGA sets the vision and suggest ways and recommendations for the state to build on that. There are three iterations of a plan: building on what the plan is, understanding what works, and understanding what doesn't. The senior advisor position helps figure out how to implement that plan.

SAPGA and Advocacy

As SAPGA is Type I Board under the Administrative Procedures Act, any SAPGA member cannot lobby on behalf of SAPGA. Rather, we have partners who lobby for us. If asked by a legislator or legislative committee about SAPGA and its strategy, members do not have to go silent or dormant. Members cannot lobby but they can be a source of information. Members can educate about SAPGA, but cannot directly influence legislators.

SAPGA members cannot support or oppose a bill. If members want to support a bill, they must connect with partners who are able to lobby. If a member is lobbying it can jeopardize funding from the state.

As an individual citizen, you can lobby. You cannot lobby on behalf of or in the name of SAPGA. Nothing prevents you as an individual citizen to advocate as strongly as you wish.

Setting Criteria for 2019 Focus

Strategy Screen:

Participants were asked: What criteria do we want to use to make the decisions for what the 2019 focus should be?

Each table generated 3-5 ideas. Reviewing the ideas generated by each group and identifying the convergence, the final criteria for setting 2019 focus areas was set as follows/

The idea or opportunity:

- 1. Allows us to use momentum from elsewhere and leverage new opportunities**
- 2. Addresses citizen need – provides greatest benefit for the most people, including rural and caregiver populations. In assessing this, we should:**
 - a. Look at the long view**
 - b. Consider costs and benefits here of action versus inaction**
- 3. Meets statutory criteria. “Have we met all obligations in the statute?”**
- 4. Is consistent with previous goals and plans**
- 5. Provides “the most bang for buck” –the highest impact for resources**
- 6. Increases likelihood of sustainability for SAPGA (including the Coordinator position) and the Senior Advisor in 2019/2020**

Establishing 2019 Focus Areas

Members first reviewed and then added to the lists of opportunities that were generated from the member survey, in each of the following subject areas:

Transportation

- Autonomous vehicles
- More ride sharing

- Public-private partnerships
- Collaboration between funders and providers
- Design changes in new and existing systems
- HB 267 – multi modal transportation

Housing

- Innovative and creative solutions, including naturally occurring retirement communities (NORCs), intergenerational, homeshare
- Work on a local level (incentives and opportunities)
- Increased inventory overall
- Encouraging more use of universal design and “middle” housing
- Home modification

Health Care

- Health promotion
- Top priority issue and an area in which SAPGA has done little
- Review past recommendations
- Equity and access
 - Rural
 - Transportation
- Innovation and technology
- Alignment in social supports and what it takes to successfully age in community

Retirement Security

- Early workplace training and financial literacy
- Colorado Secure Saving Plan
 - Further incentivize retirement saving

- Social security and Medicare solvency
- GAP analysis – money needed for retirement

Workforce

- Employer incentives and education to work with older adults
- Seize opportunities created by:
 - Burgeoning interest
 - Low unemployment
- Combat ageism
- Provide training, career pathways and innovative solutions for direct care workforce (and deal with low pay)

Long Term Care and Support Services

- More coordination
- Increased need and reduced funding
- Strengthened aging network working with state and local to support older adults in community and in LTC
- Close connection with health care issues

Other

- Promote Lifelong CO
- Decide on future of Homestead Act
 - PTC rebate
- Advance narrative change
- FAMLI (Family Medical Leave Insurance Program) – legislation
- TABOR – fiscal reform
- Look at what other countries are doing (e.g., Japan)

Using the above key themes, participants were asked to review and then work with their groups to identify potential 2019 focus areas.

Table 1

- Multi-modal transportation design
- Housing affordability
- Rx - drug costs
- Increasing healthcare workforce

Table 2

- LTCSS
- Workforce
- Housing

Table 3

- Healthcare
- Changing the narrative
- Population in need (high needs, poverty, medically fragile, etc.)

Table 4

- Legislative caucus on aging
- Workforce
- Health promotion, advance care education, disparity in healthcare
- Broadening stakeholder group

We will look for common themes among these ideas. Before the January 14th meeting, everyone should look at the strategy, prioritizing and action planning to establish 2019 focus. The Executive Committee will meet before our January 14 meeting to help shape the conversation, and to develop some recommendations for consideration.